

Patients Name: _____

Date: _____

CONFIDENTIAL HEALTH HISTORY

Please place a check in the box next to the following items if you are currently experiencing these problems or have ever seen a doctor about these problems.

GENERAL

- 1 Fever
- 2 Chills
- 3 Night Sweats
- 4 Loss of Sleep
- 5 Fatigue
- 6 Nervousness
- 7 Weight Loss or Gain
- 8 Allergies
- 9 Bleeding Problem
- 10 Anemia
- 11 Diabetes
- 12 Cancer
- 13 Thyroid Disease/Goiter
- 14 Alcoholism
- 15 Drug Abuse

EYE, EAR, NOSE, THROAT

- 16 Poor Vision
- 17 Pain in Eye(s)
- 18 Deafness/Difficulty Hearing
- 19 Nosebleeds
- 20 Nose Problems
- 21 Sinus Trouble
- 22 Dental Problems
- 23 Hoarseness
- 24 Tonsillectomy

GASTROINTESTINAL

- 25 Poor Appetite
- 26 Poor Digestion
- 27 Difficulty Swallowing
- 28 Belching or Gas
- 29 Frequent Nausea
- 30 Vomiting
- 31 Vomiting Blood
- 32 Pain Over Abdomen
- 33 Ulcer
- 34 Black or Bloody Stools
- 35 Liver Problems
- 36 Gall Bladder Problems
- 37 Jaundice
- 38 Hernia
- 39 Diarrhea
- 40 Constipation
- 41 Hemorrhoids
- 42 Appendicitis

MEN ONLY

- 43 Testicular Swelling/Pain
- 44 Prostate Problems

RESPIRATORY

- 45 Difficulty Breathing
- 46 Chronic Cough
- 47 Spitting Phlegm
- 48 Spitting Blood
- 49 Wheezing/Asthma
- 50 Pneumonia
- 51 Tuberculosis

CARDIOVASCULAR

- 52 Irregular Heartbeat
- 53 High Blood Pressure
- 54 Pain Over Heart
- 55 Previous Heart Trouble
- 56 Ankle Swelling
- 57 Varicose Veins
- 58 Rheumatic Fever
- 59 Stroke

GENITOURINARY

- 60 Frequent Urination
- 61 Painful Urination
- 62 Blood in Urine
- 63 Kidney Disease
- 64 Urinary Infection
- 65 Inability to Control Urination
- 66 Difficulty Starting Urine Flow
- 67 Get Up ___ Times
Per Night To Urinate
- 68 Venereal Infection
- 69 Sexual Difficulties
- 70 Breast Lump or Pain

SKIN

- 71 Itching
- 72 Bruising Easily
- 73 Change in Mole(s)
- 74 Skin Cancer

WOMEN ONLY

- 75 Painful Periods
- 76 Excessive Flow
- 77 Irregular Cycles
- 78 Vaginal Burning/Itching
- 79 Hot Flashes
- 80 Date Last Period Began

- 81 Date of Last Pap test

- 82 Hysterectomy

NEUROLOGIC

- 83 Weakness
- 84 Twitching
- 85 Tremors
- 86 Headache
- 87 Fainting
- 88 Dizziness
- 89 Convulsions
- 90 Epilepsy
- 91 Numbness/Tingling
- 92 Arm/Leg Pain
- 93 Mental Disorder

MUSCULOSKELETAL

- 94 Neck Stiffness/Pain
- 95 Pain Between Shoulders
- 96 Low Back Pain
- 97 Swollen Joints
- 98 Painful Joints
- 99 Muscle Aches/Soreness
- 100 Spinal Curvature
- 101 Arthritis

HABITS

- 102 Smoking _____ Packs Per Day
- 103 Drinking
- 104 Recreational Drug Use

EXERCISE

- 105 None
- 106 1-2 Times per week
- 107 3-5 Times per week
- 108 6-7 Times per week

FAMILY HISTORY

Include information on your brothers, sisters, parents and grandparents. NOT

INCLUDE YOURSELF!

- 109 Diabetes
- 110 Thyroid Disease/Goiter
- 111 Tuberculosis
- 112 Kidney Disease
- 113 High Blood Pressure
- 114 Heart Disease
- 115 Cancer
- 116 Muscle, Bone or Nerve Disease